

Respite Program



Meet Heather Cushing-Gordon our Behaviour Analyst (BCBA) and Clinical Director. Heather has over 20 years of experience working with children with Autism and their families

Our Team

Respite Professional: Attend each session, work on goals that you identify are important - such as communication, dressing, feeding, toileting, playing, social skills, independence, self-regulation, etc. Allow families to take time for themselves.

Senior Therapist: Would become involved if the client requires more ABA support. They would analyze data, create materials and write the behaviour support plan.

BCBA: Provides consultation and training needed to therapists and senior therapists to ensure that the needs of your loved ones are met. BCBA sign off on all processes implemented as needed for the therapists to do their jobs.

Our Processes

Intake Session: During the intake session with our professional BCBA, we will collect information that will help create care plan that is shared with our Therapists and Senior Therapists. This will help prepare the team to meet the needs of your child. BCBA will ask you certain questions about your child and family needs. Questions would include:

- What does your child like to do?
- What are some of the concerns that you have about your child?
- What is it that you would like to work on with your child to improve his skillset?
- Who has worked with your child in the past and if there has been a service that really benefited your son?
- If your child is in school, how he's doing at school and what the teacher reports have been.

Once intake meeting is completed, copy of contract would be sent to the parent/guardian to review and sign.



Respite Services:

Respite services is provided in the client’s home. It is expected that a supervising family member be in attendance at every session. This person must be at home during the session; however, the respite worker can work independently with your loved one. The respite service worker should support independence, leisure, self-care and communication goals that you have identified. All our care providers are insured. Minimum 3 hours per shift commitment.
If our professional Respite workers need more support, senior therapists would be involved in providing supervision.

Our Rates

Intake session	\$150.00
Respite Professional	\$35.00 per hour (minimum of 3 hour sessions; with no Behaviour Support Plan) \$45.00 per hour (minimum of 3 hour sessions; with a Behaviour Support Plan)
Senior Therapist	\$80.00 per hour (involved only if needed, when the Behaviour Support Plan is required)
Parent Coaching	\$100.00 per hour Provided by a Senior Therapist or BCBA (available upon request)

Please contact us at:

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Sample Budget

Respite Professionals			
Month	Hours per week	Rate	Total
	Intake with Heather		\$ 150.00
Jan 9-Jan 15	6	\$ 35.00	\$ 210.00
Jan 16-Jan 22	6	\$ 35.00	\$ 210.00
Jan 23- Jan 29	6	\$ 35.00	\$ 210.00
Jan 30 - Feb 5	6	\$ 35.00	\$ 210.00
Feb 6 - Feb 12	6	\$ 35.00	\$ 210.00
Feb 13 - Feb 19	6	\$ 35.00	\$ 210.00
Feb 20 - Feb 26	6	\$ 35.00	\$ 210.00
Feb 27 - Mar 5	6	\$ 35.00	\$ 210.00
Mar 6- Mar12	6	\$ 35.00	\$ 210.00
Mar 13-Mar 19	6	\$ 35.00	\$ 210.00
Mar 20-Mar 26	6	\$ 35.00	\$ 210.00
Mar 27 -Apr 2	6	\$ 35.00	\$ 210.00
		Total before tax	\$ 2,670.00
		Tax	\$ 347.10
		Total	\$ 3,017.10

** note budget is based on \$35.00 per hour with no behavioral consult or supervision**

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